

Dr. Bells Catering

Bowl food £7.00

COLD

MEAT

Five spice asian style pulled pork, crispy spring onions, green peppers, cucumbers and bean sprouts, kimchee and lime soy dressing, black sesame seeds.

Mango and avocado smoked chicken salad, mexican beans bound with sweet chilli sauce, dressed peppery leaves and jalapeños.

Flaked confit duck leg served with beetroot, fennel and apple salad, pickled orange dressing, crumbled goat's cheese and raisin nut granola.

Ploughman's lunch – cured perthshire ham hock, aged cheddar cheese sticks, piccalilli style vegetables, apple and celery salad, black rye bread.

Honey and lime poached chicken super food salad, black rice and quinoa flavoured with ginger, pomegranate jewel, and new season pea shoots.

Rare roast beef, baby watercress, baby potato salad, horseradish crème fraiche and salt baked beetroot.

FISH

Smoked and peppered scottish mackerel, provençale flavoured beans, sun ripened tomato, slow roasted vegetables, artichoke hearts, baby spinach leaves

Salt baked and pickled baby beetroots, pickled shallots, white balsamic dressing served with flaked hot smoked salmon.

Prawn and crayfish bloody mary cocktail, crisp iceberg lettuce, heritage tomato salad, shaved pickled cucumbers and smoked paprika dust.

Avocado and chickpea greek style tuna salad, diced feta, oregano and lemon olive oil marinated vegetables, black olives and compressed red onions.

Asian spiced comfit salmon served with fragrant lime and coriander red cabbage slaw, radish, and seaweed crackers.

Oak smoked scottish salmon served with crispy gem salad, herb croutons, parmesan shaved and dressing, marinated anchovies.

VEG

Thyme and lemon marinated heritage tomatoes, torn mozzarella, balsamic glaze, fragrant baby basil, compressed red onions and herb croutons.

Watermelon, feta and rocket salad topped with pine nuts and mint marinated cucumber, baby mint cress.

Hummus mezze featuring lemon hummus, artichoke hearts, carrot, celery and cucumber sticks, marinated tomatoes and olives, feta and charred flat bread.

Asian spiced fennel and mooli salad, shaved sashi pear, tamarind dressing, mizuna cress and won ton crisp.